



Resources for School Mental Health Programs

Training, technical assistance, and additional resources for school mental health programming support after the Great Lakes MHTTC closes on Sept. 29, 2024.

Resource	Services and Supports
<p><u>CHES</u> <u>(Center for Health Enhancement Systems Studies)</u></p>	<ul style="list-style-type: none"> Resource library of materials produced by the Great Lakes MHTTC <p><i>Note: The dedicated page for these resources is under construction, but you will be able to access these resources via the CHES homepage linked here by the end of October 2024.</i></p>
<p><u>SAMHSA Publications and Digital Products</u></p>	<ul style="list-style-type: none"> Prerecorded webinars and accompanying resources produced by the MHTTC Network
<p><u>Midwest Center for School Mental Health</u></p>	<ul style="list-style-type: none"> Technical assistance services for schools, districts, and mental health agencies One-time or ongoing training for mental health providers, teachers and other school staff, district administrators, and families
<p><u>National Center for School Mental Health</u></p>	<ul style="list-style-type: none"> Free live and prerecorded webinars and virtual learning series Extensive resources on comprehensive school mental health systems; designing and evaluating cutting-edge programs; and practices and policies to advance high impact outcomes for youth, families, educators and communities
<p><u>National Center on Safe Supportive Learning Environments</u></p>	<ul style="list-style-type: none"> Free resources for building and promoting safe and supportive learning environments including the Trauma Sensitive Schools Training, School Climate Improvement Resource Package, and Safe Place to Learn Customizable technical assistance for state administrators, district and school administrators, teachers, school support staff, communities and families, and students Webinars, conferences, learning events, and training modules available live and archived

<p><u>School Mental Health Collaborative</u></p>	<ul style="list-style-type: none"> • Implementation resources, guides tools, and presentations for school mental health practitioners
<p><u>TRAILS to Wellness</u></p>	<ul style="list-style-type: none"> • Evidence-based manuals and resources for Tier 2 supports to help students manage symptoms of depression and anxiety • SEL Starter Pack collection of free SEL resources for teachers, parents, and caregivers
<p><u>CASEL</u> <u>(Collaborative for Academic, Social, and Emotional Learning)</u></p>	<ul style="list-style-type: none"> • Free, field-tested resources to support SEL implementation in districts and schools • Workshop series to help education leaders implement SEL in their school communities • Free Webinars to share expert SEL knowledge on relevant topics
<p><u>SHAPE System</u> <u>(School Health Assessment and Performance Evaluation)</u></p>	<ul style="list-style-type: none"> • Free, interactive tool designed to improve accountability, excellence, and sustainability in school mental health in schools, districts, and states/territories
<p><u>School Crisis Recovery & Renewal Project</u></p>	<ul style="list-style-type: none"> • Training, technical assistance services, and resources for state and local leaders, district teams, school leaders, school mental health providers, support staff, educators, community partners, and other school mental health stakeholders • Curricula, training opportunities, and best practice resources to promote long-term recovery and renewal after school crisis
<p><u>Project AWARE</u> <u>(Advancing Wellness and Resiliency in Education)</u></p>	<ul style="list-style-type: none"> • SAMHSA grants awarded to state and local education agencies to implement mental health-related promotion, awareness, prevention, intervention, and resilience • Connect with your state or local Project AWARE grantee for more information
<p><u>American Foundation for Suicide Prevention School-Based Programs</u></p>	<ul style="list-style-type: none"> • Training, technical assistance services, and resources for school-based suicide prevention programming for school staff, community partners, caregivers, and students

State-Specific Programs for School Mental Health Support

State	Program
Illinois	<ul style="list-style-type: none"><u>Illinois School and Campus Safety Resource Center</u>
Indiana	<ul style="list-style-type: none"><u>Indiana School Mental Health Initiative</u>
Michigan	<ul style="list-style-type: none"><u>Michigan Cares</u>
Minnesota	<ul style="list-style-type: none"><u>Minnesota PBIS</u>
Ohio	<ul style="list-style-type: none"><u>Ohio School Wellness Initiative</u>
Wisconsin	<ul style="list-style-type: none"><u>Wisconsin Safe and Healthy Schools Center (WISH)</u>